



Working With Junior High

The Unique Challenges of Younger Teens

The earlier teen and tween years present a time of significant change. For adults who live and work with people going through this stage of life these changes present a unique set of challenges and opportunities. This seminar provides people working with young teenagers valuable insights into the changes that are occurring and strategies for communicating, relating and programming for this age group.



- Learn **HOW** the changes of puberty affects the way young teenagers relate to each other and adults.
- Explore **WHAT** type of programming strategies work and those that don't work with this very unique age group.
- Discover **HOW** to design programs and activities that are both attractive to junior high kids and easy for adults and leaders to manage.

Explore the developmental changes and processes that occur in early adolescence, including:

- Physical changes & timing of puberty
- Cognitive and social changes
- The effects of brain changes at this age
- Gender differences in the rate and nature of development
- Self awareness and self concept in early adolescence
- The major issues that occupy young teenagers mind
- The challenges of communicating during the significant changes
- Common behaviours associated with junior high and their causes
- Common issues facing tweens and teenagers today

Learn how to apply knowledge of developmental change to designing and running junior high programs, including:

- How to communicate with younger teenagers
- Strategies that harness rather than waste energy
- How clear boundaries can make all the difference
- Accommodating developmental changes by planning appropriate activities
- How to build communication platforms and processes that connect with younger teens
- Running programs that help junior high feel confident and secure
- How to create a culture of ownership and respect amongst junior high
- Using activities to teach as well as entertain
- Having realistic expectations when designing programs
- Essentials of running junior high programs

INTERACTIVE LEARNING

Catering for all learning styles, seminars provide high quality presentations with opportunities for discussion, creative exercises, and plenty of material to take away.

LEARN FROM OTHERS

Understanding Teenagers seminars seek to create dialogue between participants to capture the wealth of professional knowledge gathered.

QUALITY INFORMATION

Our material is based on current theory and research, and tailored to the needs of working with teenagers in the 21st century.

COST

Self hosted - \$600 / group
Individual prices from \$65/person
[CLICK HERE](#) to find our package details.

CONTACT

To book a seminar or discuss:
complete a [BOOKING ENQUIRY FORM](#)
OR
Email us [HERE](#)

OR

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