



What Teens Need Teachers to Know

Quality Training for Educators

Teachers in high schools face the daily challenges of engaging and communicating with today's teenagers. Our workshops (4 hours) for teachers are designed to enhance what they already know, provide new insights, and stimulate fresh ideas and approaches.



- Examine **WHY** teenagers think and act the way they do, and how knowing the reasons for behaviour enables you to respond constructively.

- Explore **HOW** to design units and lessons that creatively embrace the stages of adolescence and style of learning the current generation respond to.

- Discover **WHAT** is unique about today's teenagers, how they see their world, and how you can be pro-active in communicating across the generation gap.

Explore the foundations of teenage behaviour and adolescent development, including:

- The key stages and questions of adolescence
- The timing & impact of the physical changes of puberty upon teenagers
- The nature and effect of brain development during adolescence
- How teenage peer groups work and why they are important
- How teenage thinking changes and develops
- The causes & nature of teenage conflict and rebellion
- Generational trends and differences in today's teenagers
- How growing up with technology is shaping the way teenagers learn
- The myths and realities of Digital Natives

Learn a variety of **strategies and skills** you can use in your work with teens, including:

- How to communicate effectively with teenagers
- Being creative in designing lessons that work with teenage developmental processes
- How to develop relational strategies for different developmental stages
- How to manage and reduce conflict with teenagers
- How to use peer groups to your advantage in the classroom
- How to build self-esteem and resilience in teenagers
- Embracing the everyday passions of students for educational gain
- How to sensibly and creatively approach the use of technology with teenagers in the classroom

INTERACTIVE LEARNING

Catering for all learning styles, workshops provide participants with opportunities for discussion, personal reflection, fun exercises, and plenty of material to take away.

LEARN FROM OTHERS

Understanding Teenagers Workshops have an interactive style designed to harness the collective wisdom of the professionals in the room.

QUALITY INFORMATION

Our material is based on sound adolescent and developmental theory and research, and tailored to the needs of working with teenagers in the 21st century.

COST

Self hosted - \$800 / group
Individual prices from \$90/person
[CLICK HERE](#) to find our package details.

CONTACT

To book a seminar or discuss: complete a [BOOKING ENQUIRY FORM](#)

OR

Email us [HERE](#)

OR

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Understanding Teenagers Workshops are a service of Charisbel Consulting.

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